## 22 January 2024

## Class 1

Class 1 were very excited to start their cooking lessons. They started off learning how to make Jamaican buns. They were finding out about all the ingredients including smelling the spices. They then put all the ingredients in the bowl, taking in turns to mix them all together and then kneading the dough.

One of the highlights of Class 1's week was the Teddy Bear Hospital visit. A team of trainee doctors, from Imperial College London, came in to work with us, teaching us how to stay healthy. There were a range of different 'stations' set up for the children to explore. They talked about what food is healthy, who to ring in the case of an emergency and the different organs inside our bodies.







